



## Ropley Cricket Club

### Guidance Notes & Risk Assessment including specific ECB / Sport England guidance relating to clubs returning to cricket (in conjunction with Government guidance) as of 01 Jun 2020

#### Introduction

Young and inexperienced people will face unfamiliar risks when playing or learning to play cricket. There is a risk because of their possible lack of awareness of existing or potential risks, immaturity and inexperience. They are also likely to lack confidence and be eager to impress or please others. Whilst training young people, there is an opportunity to instil within them an understanding and importance of health and safety which will help them throughout their working life.

#### Duties to assess the risks

The Management of Health & Safety at Work Regulations (1999) requires the employer to assess the health and safety risks to all employees and they have particular responsibilities towards young people:

- To assess risks to all young people under 18 years of age, **before** they start .
- To ensure the risk assessment takes into account their psychological or physical immaturity, inexperience and lack of awareness of existing or potential risks.
- To introduce control measures to eliminate or minimise the risks, so far as is reasonably practical.

Employers must also:

- Let the parents/guardians of any attendees still of compulsory school age know any significant findings of the assessment and control measures **before** the attendee starts. Address certain specified factors in the assessment.
- Take account of the risk assessment in deciding whether the young people should be prohibited from certain work activities.

#### Outcome of the risk assessment

In carrying out the risk assessment, control measures should be identified which will control or eliminate health and safety risks. By complying with other specific health and safety law, for example the Manual Handling Operations 1999 and the Display Screen Equipment Regulations 1992 (amended 2003), employers should find that some of the risks to the pupil are already being adequately controlled. If a significant risk remains in spite of efforts to do what is reasonably practical to control it, the young person must not be allowed to do this work.

#### Restrictions on sport

The risks identified in the assessment will also determine whether restrictions should be made in the activities being carried out.

Coaches should not allow young people to do sport which:

- Is beyond their physical or psychological capacity.
- Involves a risk of accidents, which they are unlikely to recognise because of their lack of experience, training or sufficient attention to safety.



## **Training, information and supervision**

Young and inexperienced people will need adequate training and instruction on the hazards and risks present in playing, and training to play, cricket and the control measures that have been put in place to protect their health and safety.

In the induction process, the trainees should be given a basic introduction to health and safety i.e. first aid and fire evacuation procedures and specific risk assessments should be explained and understood.

The assessment should identify the tasks where young and inexperienced people will need constant supervision.

## **COVID-19 pandemic and specific ECB / Sport England guidance relating to clubs returning to cricket (in conjunction with Government guidance) as of 01 Jun 2020:**

- For all activity, social distancing of at least two metres must be maintained at all times (except between members of the same household).
- Playing cricket individually is permitted e.g. practice of individual cricket skills or fitness activities.
- Playing cricket with people living in your household is permitted.
- Small group cricket activity, training or fitness in groups of no more than six (6), is permitted, keeping two (2) metres apart at all times.
- Cricket coaches, can now undertake small group sessions of up to six (6) people including the coach (1:5) and they must comply with ECB safeguarding policies (as well as being able to conduct one-to-one coaching).
- Nets should be used on an 'every other' basis, leaving one net free between nets. Note that for nets within a security fence, occupancy numbers could be limited by social distancing requirements.
- It is permissible for two or more groups of six (6) to train at the same time provided they are kept separate, and social distancing and strict hygiene measures are observed. However, clubs should carry out a risk assessment to determine the maximum capacity for their facility that can be achieved safely whilst maintaining social distancing and not exceeding the current limits on training group size.
- Clubhouses can be reopened in a limited way for operational reasons (e.g. for access to first aid equipment) or for toilet access but all communal areas including bar, changing rooms etc. are to remain closed for general use.
- Toilet facilities can be opened if the venue wishes, but particular care should be taken by those using them and those cleaning them. Where they are open, venues must ensure soap and water is provided and they are cleaned regularly.
- No indoor cricket activity at all.



• We recommend using your own equipment if possible. If equipment is being shared, please follow UK Government's guidance on the sharing of equipment. Players should stick to using one ball in training either by bringing their own or being assigned a numbered ball that is cleaned in between sessions.

• No saliva or sweat should be applied to the ball at any time.

• Wash hands at home before and after using the outdoor facilities. Bring your own hand sanitiser where possible.

ECB is clear that outdoor facilities should only reopen if those responsible for them are ready to do so and they can do so safely, following public health guidance: no club should reopen their outdoor facilities if they feel unable to meet the requirements.

For clubs, you will need to have the following in place:

• Properly maintained facilities.

• A booking system for outdoor space or other means to manage access and demand.

• The capability to advise individuals when booking to check for symptoms of COVID-19 and in turn to advise individuals when booking that - in line with current Government guidance - if they are symptomatic, and/or living in a household with a possible COVID-19 infection, they should remain at home and follow Government guidance and if they are classified as extremely vulnerable then they should follow the Government guidance (found here).

• A sanitation procedure between use/bookings. An essential requirement is to clean potential points of transmission, so contact points (stumps, access points etc), or spillages of body fluid e.g. sweat.

• A representative of the club on site during the hours that the outdoor facilities are open for use.

• Closed signs should be displayed when facilities are not open (including where a club does not wish to or is not ready to reopen) to deter use by general public particularly where there is open access.

• Updated signage and access points.

For individuals, you will need to:

• Seek confirmation from the club that it has reopened and make a booking.

• Check for symptoms of COVID-19. In line with current Government guidance, if you are symptomatic, and/or living in a household with a possible COVID-19 infection, you should remain at home and follow Government guidance.

• Follow UK Government guidance on shielding and protecting people who are clinically extremely vulnerable from COVID-19 if it applies to you.

• Avoid public transport if at all possible.



**Risk Assessment for: Outdoor Cricket Coaching incorporating COVID-19 specific ECB / Sport England guidance relating to clubs returning to cricket (in conjunction with Government guidance) as of 01 Jun 2020.**

**Date of Assessment** 10 06 2020----- **Assessment Revalidation Date:** Jun 2020 (or on revision of Govt guidance – COVID-19)

| Activity/ Process/ Operation | What are the Hazards to Health and Safety  | What Risks do they pose and to whom?   | Risk Level H/M/L | What existing control measures are in place to reduce the risk?   | Risk Level Achieved H/M/L | What further action / control measures are still required to reduce the risk  | Date to complete further action: |
|------------------------------|--|--|------------------|---|---------------------------|---|----------------------------------|
| Introduction                 | <ol style="list-style-type: none"> <li>1. Knowledge of emergency procedures.</li> <li>2. Awareness of surroundings.</li> <li>3. Inappropriate Equipment.</li> <li>4. See also Transfer between activities and uncontrolled equipment below.</li> </ol> | <ol style="list-style-type: none"> <li>1. Unaware of what to do in the event of an emergency.</li> <li>2. Unawareness of the risks associated with playing outdoors</li> </ol> | H                | <ol style="list-style-type: none"> <li>1. Induction at start of session identifying restricted areas such as car parks, roads, store rooms, Method of alarm. Muster points. Method of evacuation. Recognition of First Responders; Method of communication for Emergency Services and location of first aid kit. <b>Reminder of COVID-19 Govt guidance.</b> Attendees to inform leader when leaving or joining group</li> <li>2. Attendees to be warned that they are playing with hard equipment and that they must be careful where they put or how they throw/hit with it. <b>Reminder of COVID-19 guidance on use / sharing of equipment.</b></li> <li>3. Coaches to check that playing area is free from debris and trip hazards. E.g. Spare kit is placed outside playing area.</li> <li>4. Coach to collect equipment from store room and check equipment provided is fit for purpose. <b>Reminder of COVID-19 guidance on use / sharing of equipment.</b></li> <li>5. Check for illnesses / injury / medical conditions <b>make a specific check / question for COVID-19 signs &amp; symptoms.</b></li> <li>6. Method of communicating to first responders.</li> <li>7. Role call</li> <li>8. See also Transfer between activities and uncontrolled equipment below.</li> </ol> | L                         | Coaches to ensure that unused equipment is kept out of the playing area. Medical assessment form to be processed for minors including medical conditions / medication required and points of contact in times of emergency. | Ongoing                          |

| Activity/<br>Process/<br>Operation | What are the<br>Hazards to Health<br>and Safety | What Risks do<br>they pose and to<br>whom?   | Risk<br>Level<br>H/M/<br>L | What existing control measures are in place to<br>reduce the risk?  | Risk Level<br>Achieved<br>H/M/L | What further action /<br>control measures are still<br>required to reduce the<br>risk                   | Date to<br>complete<br>further<br>action: |
|------------------------------------|---|--|----------------------------|---|---------------------------------|---|---|
| Warm up<br>and cool<br>down        | Attendees unready<br>for exercise               | Risk of injury for<br>attendees who<br>are not mentally<br>or physically<br>ready for<br>activity/rest           | M                          | <ol style="list-style-type: none"> <li>Attendees to be reminded of the need to bring suitable clothing and refreshments, particularly water.</li> <li>Coaches to check attendees' equipment and preparedness. E.g. check shoelaces, flat soles, correct fitting clothes and shoes.</li> <li>Coach will lead attendees through gentle, increasing/decreasing activities to stimulate / relax bodies and minds</li> <li><b>Social distancing to be maintained throughout.</b></li> </ol>  | L                               | Continue to assess individuals for initial displays of onset of medical and/or other ailments.          | Ongoing                                   |
| Equipment<br>usage                 | Injury due to impact<br>with hard objects       | 1. Injury to<br>attendees<br>and coaches<br>due to<br>contact with<br>hard objects,<br>such as ball<br>& /or bat | H                          | <ol style="list-style-type: none"> <li>Protective clothing must be worn where appropriate.</li> <li>Helmets are required to be worn by all players when batting using cricket ball and fielding close to stumps, such as wicket keeper.</li> <li>Coaches to remind all players that bats can be dangerous quoting loss of tooth by player in indoor training.</li> <li>Coaches need to remind players round nets that the balls can still come out from the nets.</li> <li><b>Reminder of COVID-19 guidance on use / sharing of equipment.</b></li> </ol>                             | L                               | Coaches to monitor.   | Ongoing                                   |
| Training                           | Activities not<br>appropriate for<br>attendees  | 1. Injury to<br>attendees  | H                          | <ol style="list-style-type: none"> <li>Tailor activities to attendees' level of experience and capabilities.</li> <li>Care must be taken when children are training with children outside of their actual/usual age group.</li> <li>Coach to develop training plan.</li> <li>Attendees to be encouraged to drink water at regular intervals.</li> <li><b>Activities to be achievable within the stipulation contained within specific ECB / Sport England guidance relating to clubs returning to cricket (in conjunction with Government guidance) as of 01 Jun 2020.</b></li> </ol> | M                               | <ul style="list-style-type: none"> <li>Ensure regular breaks for rehydration on hot evenings</li> </ul> |   |

| Activity/<br>Process/<br>Operation                  | What are the<br>Hazards to Health<br>and Safety                     | What Risks do<br>they pose and<br>to whom?  | Risk<br>Level<br>H/M/L | What existing control measures are in place to<br>reduce the risk?   | Risk Level<br>Achieved<br>H/M/L | What further action /<br>control measures are still<br>required to reduce the<br>risk   | Date to<br>complete<br>further<br>action: |
|---|---|---|------------------------|--|---------------------------------|---|---|
| Transfer<br>between<br>activities                   | Damage to<br>individuals and<br>equipment                           | People<br>exposing<br>themselves to<br>risks from<br>other activities<br>that are going<br>on.        | H                      | <ol style="list-style-type: none"> <li>1. Activities to be arranged so that they are a safe distance away from other activities. Special care must be taken to consider the movement of people or equipment during the activities.</li> <li>2. Activities to be arranged so that the next activities are adjacent to the current activities.</li> <li>3. People must have clear instruction of what activities they will be doing next.</li> <li>4. Care is needed to ensure that other non-cricket (football or tennis) activities do not interfere with the cricket activities.</li> <li>5. Care must be taken when players are around nets by clear definition of waiting and playing areas.</li> <li>6. Activities to be achievable within the stipulation contained within specific ECB / Sport England guidance relating to clubs returning to cricket (in conjunction with Government guidance) as of 01 Jun 2020.</li> </ol> | M                               | <ul style="list-style-type: none"> <li>• The aim is to control the end of activities so that change overs occur simultaneously</li> </ul> | Ongoing                                   |
| Uncontrolled<br>equipment<br>e.g. bats and<br>balls | Damage to<br>individuals and<br>equipment                           | People<br>damaging<br>themselves or<br>others with<br>equipment e.g.<br>falling over on<br>bats/balls | H                      | <ol style="list-style-type: none"> <li>1. Activities being close to each other have to have clear defined route for the transfer of equipment, such as balls, that avoid the path people will take during the activities.</li> <li>2. There needs to be a defined area where kit is left during training when it not in use.</li> </ol>  | M                               | <ul style="list-style-type: none"> <li>• Ensure use defined areas for equipment during training.</li> </ul>                               | Ongoing                                   |
| End of lesson<br>processes and<br>Procedures        | Unaccompanied<br>minors at<br>conclusion of<br>training put at risk | 1. Minor left<br>unattended at<br>conclusion of<br>training.  | H                      | <ol style="list-style-type: none"> <li>1. Role call at conclusion of training</li> <li>2. Ensure attendees return to the point of pick by parents</li> <li>3. Reminder of COVID-19 guidance specifically related to hand washing at end of activities and social distancing when session is complete.</li> </ol>   | L                               | <ul style="list-style-type: none"> <li>•</li> </ul>   |   |

| Activity/<br>Process/<br>Operation  | What are the<br>Hazards to Health<br>and Safety | What Risks do<br>they pose and<br>to whom? | Risk<br>Level<br>H/M/L | What existing control measures are in place to<br>reduce the risk? | Risk Level<br>Achieved<br>H/M/L | What further action /<br>control measures are still<br>required to reduce the<br>risk | Date to<br>complete<br>further<br>action: |
|---|---|--|------------------------|--|---------------------------------|---|---|
| <b><u>Name of Person undertaking Risk Assessment:</u></b><br>A Morris<br><b><u>Name of Assessment Reviewer</u></b><br>A Ehrmann |   |  |                        | <b><u>Signature</u></b> .....<br><b><u>Signature</u></b>           |                                 |   |   |