



Ropley Cricket Club – Use of Multi Use Games Area (MUGA).

Guidance Notes & Risk Assessment including specific ECB / Sport England guidance relating to clubs returning to cricket (in conjunction with Government guidance) as of 01 Jun 2020 and adaptations for all outdoor cricket activity, applicable to players, spectators, volunteers, clubs, coaches & officials in Step 4 of the ECB Return to Cricket Roadmap – Jul 20) and statement following Prime Minister's announcement on 21 September and COVID-19 plan for junior & open-age cricket applicable to players, volunteers, spectators, parents, clubs, coaches & officials in England.

Introduction

This risk assessment is written in order to establish protocols suitable for the use of the MUGA for RCC training and match play activities during winter 2020 / 2021.

People may face unfamiliar risks when playing or learning to play cricket. There is a risk because of their possible lack of awareness of existing or potential risks and/or inexperience. They are also likely to lack confidence and be eager to impress or please others. Whilst training/coaching people, there is an opportunity to instil within them an understanding and importance of health and safety which will help them remain safe and well while conducting the activity.

Outcome of the risk assessment

In carrying out the risk assessment, control measures should be identified which will control or eliminate health and safety risks. By complying with other specific health and safety law, for example the Manual Handling Operations 1999 and the Display Screen Equipment Regulations 1992 (amended 2003), employers should find that some of the risks to the pupil are already being adequately controlled. If a significant risk remains in spite of efforts to do what is reasonably practical to control it, the young person must not be allowed to do this work.

Restrictions on sport

The risks identified in the assessment will also determine whether restrictions should be made in the activities being carried out.

Coaches should not allow players to do sport which:

- Is beyond their physical or psychological capacity.
- Involves a risk of accidents, which they are unlikely to recognise because of their lack of experience, training or sufficient attention to safety.

Training, information and supervision

Players will need adequate training and instruction on the hazards and risks present in playing, and training to play, cricket and the control measures that have been put in place to protect their health and safety.

In the induction process, the players should be given a basic introduction to health and safety i.e. first aid and fire evacuation procedures and specific risk assessments should be explained and understood.



COVID-19 pandemic and specific ECB / Sport England guidance relating to clubs returning to cricket (in conjunction with Government guidance) as of 01 Jun 2020 and adaptations for all outdoor cricket activity, applicable to players, spectators, volunteers, clubs, coaches & officials in Step 4 of the ECB Return to Cricket Roadmap – Jul 20 and statement following Prime Minister's announcement on 21 September and COVID-19 plan for junior & open-age cricket applicable to players, volunteers, spectators, parents, clubs, coaches & officials in England.

Outdoor cricket activity can still take place in line with ECB guidance;

- Face coverings must be worn indoors in accordance with UK Government law unless eating or drinking;
- From Monday 28 September, the “Rule of 6” applies to over 18s participating in indoor cricket activity. This means that provided groups of 6 do not mix, multiple net sessions of up to six people per net can take place at the same time in the same COVID secure indoor venue.
- Exemptions to the ‘Rule of 6’ are:
 - Under 18s;
 - Educational settings where cricket activity is delivered as part of curriculum or in-school activity. (NB: Where clubs have a booking for the use of a school facility out of school hours, then the rule of 6 would apply)
 - Indoor organised cricket activity for disabled people;
 - Elite training and competition;
 - Coach development courses are exempt as they are covered by the work exemption as long as the workplace is COVID-19 Secure but Government guidance now states that you should carry on working from home wherever possible

The below details the requirements and procedures set out:

For all activity, the relevant UK Government social distancing guidance should be adhered to at all times (including throughout warm-ups) except in the following limited circumstances during competitive play in England only where social distancing of 1m+ is permitted:

- 1) Wicket keepers standing up to the stumps.
- 2) Distance between slip fielders.

This document refers to current UK Government guidance for England only and is subject to change in response to the current COVID-19 Alert Level, community prevalence of COVID-19 and/or to reflect additional or updated UK Government guidance.



Prior to all cricket activity.

All participants (players, coaches, officials, volunteers and spectators) should check for symptoms of COVID-19. In line with current UK Government Guidance, if an individual is symptomatic and/or living in a household with a possible COVID-19 infection they should remain at home and follow UK Government guidance. In addition, any participants who have been asked to isolate by NHS Test and Trace because they are a contact of a known COVID-19 case, must not exercise outside their home or garden and must not exercise with others.

Participants should follow UK Government guidance on shielding and protecting people who are clinically extremely vulnerable from COVID-19 if it applies to them.

Participants should comply with all public health restrictions and avoid high risk behaviour outside the sports setting to reduce the risk to their fellow participants when they do attend a cricket club or venue.

Personal hygiene measures should be carried out at home before and after cricket activity.

Participants should bring their own hand sanitiser where possible and maintain strict and frequent hand hygiene measures at all times.

Participants should follow UK Government guidance on best practice for travel, including minimising the use of public transport and limiting car sharing.

Participants should arrive changed and ready to begin the warm-up, if possible.

Club representatives should make all participants aware of the increase in transmission risk associated with partaking in even socially distanced group activity and should ensure that all participants are clear that they are opting to participate in cricket activity.

During all cricket activity within the MUGA.

Participants should enter the site and prepare their personal equipment whilst maintaining social distancing.

Where possible players should limit sharing of equipment. If they do, they must practise strict hand hygiene before and after use and the equipment must be cleaned before use by another person.

No sweat or saliva is to be applied to the ball at any time.

All participants should sanitise their hands prior to the start of the activity.

Hand sanitiser should be used at all breaks in activity and prior to consuming any food or drinks.

Players should refrain from spitting or rinsing out their mouths.

Individuals should bring their own food and drink for 'teas' or practice. Water bottles or other refreshment containers should not be shared.



After all cricket activity.

All participants should sanitise their hands after the completion of activity.

Participants should exit whilst maintaining social distancing.

One club representative/volunteer should be responsible for collecting and disinfecting any shared equipment.

Regular cleaning of equipment and the facility should take place, particularly between one group finishing, and the next group starting.

Additional advice for socially distanced match-play

A 'hygiene break' should take place every six overs or every 20 minutes, whichever is sooner, in which the ball is cleaned with an anti-bacterial wipe (conforming to BS EN 14476) and all participants' hands are cleaned using a suitable sanitiser. This routine should also be followed at the start of any drinks break or the close of an innings. The responsibility for sanitising the ball during the match will lie with the fielding captain, not the umpire.

Batters to sanitise their bat when leaving the field of play and Wicket Keepers should sanitise their gloves.

Bowlers should not hand any personal items to the umpire. Bowlers should place these items at the base of the stumps or outside the MUGA.

Batters are to run in distinct running lines to ensure they are not within 2m of the bowler or other batter. Lines to be marked on the MUGA on either side of the wicket.

If scorers are required, social distancing must be maintained. A portable scoreboard has erected outside the MUGA and is to be utilised throughout match play. Normal sanitisation rules apply for its use.

Social distancing must always be maintained including during post-wicket celebrations, drinks breaks and tactical discussions.

Minimise sharing of the ball in a match by limiting contact as the ball makes its way back to the bowler e.g. ball goes straight from wicketkeeper to bowler instead of around surrounding fielders.

Spectators should remain socially distanced at all times and refrain from all contact with the ball e.g. returning it to the field of play. Spectator groups must be restricted to discrete six person gathering limits and spread out, in line with wider UK Government guidance.

Umpires should refrain from any contact with the ball, it can be returned to the base of the stumps at breaks and wickets.

Umpires should be responsible for the stumps closest to them and should be the only person replacing the bails if dislodged.



Protect yourself and others from the spread COVID-19

You can reduce your chances of being infected or spreading COVID-19 by taking some simple precautions:

- Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.
- Maintain at least 1 metre (3 feet) distance between yourself and others.
- Avoid going to crowded places.
- Avoid touching eyes, nose and mouth.
- Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately and wash your hands.
- Stay home and self-isolate even with minor symptoms such as cough, headache, mild fever, until you recover.
- If you have a fever, cough and difficulty breathing, seek medical attention.
- Keep up to date on the latest information from trusted sources.

It is critical that everybody observes the following key behaviours:

HANDS - Wash your hands regularly and for 20 seconds.

FACE - Wear a face covering in indoor settings where social distancing may be difficult, and where you will come into contact with people you do not normally meet.

SPACE - Stay 2 metres apart from people you do not live with where possible, or 1 metre with extra precautions in place (such as wearing face coverings or increasing ventilation indoors).

ROPLEY Cricket Club

Risk Ref: RCC_MUGA_26_09_20

Risk Assessment for: Outdoor Cricket Matches & Training - MUGA

Date of Assessment 26 09 2020----- **Assessment Revalidation Date:** April 2021

Activity/ Process/ Operation	What are the Hazards to Health and Safety	What Risks do they pose and to whom?	Risk Level H/M/ L	What existing control measures are in place to reduce the risk?	Risk Level Achieved H/M/L	What further action / control measures are still required to reduce the risk	Date to complete further action:
Introduction	<ol style="list-style-type: none"> 1. Knowledge of emergency procedures 2. Awareness of surroundings 3. Inappropriate Equipment 4. See also Transfer between activities and uncontrolled equipment below 	<ol style="list-style-type: none"> 1. Unaware of what to do in the event of an emergency. 2. Unawareness of the risks associated with playing outdoors. 	H	<ol style="list-style-type: none"> 1. Induction at start of match identifying restricted areas such as car parks, roads, store rooms, Method of alarm. Muster points., Method of evacuation., Recognition of First Responders; Method of communication for Emergency Services and location of first aid kit, Attendees to inform leader when leaving or joining group. COVID-19 briefing related to additional measures taken and mitigations. Specifically; Arrival procedure. Social distancing. Designated areas for players, officials, scorers. Medical provision. Toilet facilities. 2. Attendees to be warned that they are playing with hard equipment and that they must be careful where they put or how they throw/hit with it. 3. Coaches to check that playing area is free from debris and trip hazards. e.g. Spare kit is placed outside playing area. COVID-19 Addition; Designated social distanced area for each team. 4. Coach to collect equipment from store and check equipment provided is fit for purpose. 	L	Coaches to ensure that unused equipment is kept out of the playing area. Medical assessment form to be processed for minors including medical conditions / medication required and points of contact in times of emergency.	Ongoing

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				<p>COVID-19 Addition; All equipment to be sanitised prior to and after use.</p> <p>5. Check for illnesses / injury / medical conditions including COVID-19 symptoms.</p> <p>6. Method of communicating to first responders.</p> <p>7. Roll call. Requirement for Track and Trace.</p>			
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Warm up and cool down	Attendees unready for exercise	Risk of injury for attendees who are not mentally or physically ready for activity/rest	M	<p>1. Attendees to be reminded of the need to bring suitable clothing and refreshments.</p> <p>2. Coaches to check attendees' equipment and preparedness. e.g. check shoelaces, flat soles, correct fitting clothes and shoes.</p> <p>3. Coach will lead players through gentle, increasing/decreasing activities to stimulate / relax bodies and minds.</p> <p>COVID-19 Addition; All activities to remain within the current guidelines and policy as detailed in the specific mitigations for game play.</p>	L	Continue to access individuals for initial displays of onset of medical	Ongoing
Equipment usage	Injury due to impact with hard objects	1. Injury to attendees and coaches due to contact with hard objects, such as ball &/or bat	H	<p>1. Protective clothing must be worn where appropriate.</p> <p>2. Coaches to remind all players that bats can be dangerous.</p>	L	Coaches to monitor	Ongoing
Training	Activities not appropriate for attendees	1. Injury to attendees	H	<p>1. Tailor activities to attendees' level of experience and capabilities.</p> <p>2. Care must be taken when children are playing with children/adults outside of their</p>	M	<ul style="list-style-type: none"> Ensure regular breaks for rehydration. 	Ongoing

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				actual/usual age group. 3. Attendees to be encouraged to drink water at regular intervals.			
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Transfer between activities	Damage to individuals and equipment	People exposing themselves to risks from other activities that are going on	H	<ol style="list-style-type: none"> 1. Activities to be arranged so that they are a safe distance away from other activities. Special care must be taken to consider the movement of people or equipment during the activities. 2. Games to be arranged so that the next activities are adjacent to the current activities. 3. People must have clear instruction of what activities they will be doing next. 4. Care is needed to ensure that other non-cricket (football or tennis) activities do not interfere with the cricket activities. 5. Care must be taken when players are around nets and pitches by clear definition of waiting and playing areas. 	M	<ul style="list-style-type: none"> • The aim is to control the end of activities so that change overs occur simultaneously 	Ongoing
Uncontrolled equipment e.g. bats and balls	Damage to individuals and equipment	People damaging themselves or others with equipment e.g. falling over on bats/balls	H	<ol style="list-style-type: none"> 1. Activities being close to each other have to have clear defined route for the transfer of equipment, such as balls, that avoid the path people will take during the activities. There needs to be a defined area where kit is left during game when it not in use. 2. When removing equipment from the store specific care must be taken to ensure that integration with equipment and physically going to the equipment is safe. 	M	<ul style="list-style-type: none"> • Ensure use defined areas for equipment during games. • 	Ongoing
During and at end of lesson processes and	Unaccompanied minors at conclusion of game put at risk	1. Minor left unattended at conclusion of game.	H	<ol style="list-style-type: none"> 1. Roll call at conclusion of game. 2. Monitor location of juniors during down time during game. 3. Ensure attendees return to the point of pick by parent/guardian. 	L	<ul style="list-style-type: none"> • 	Ongoing

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Procedures							
<u>Name of Person undertaking Risk Assessment:</u> A Morris <u>Name of Assessment Reviewer</u> A Ehrmann				<u>Signature</u> <i>Andrew Morris</i> <u>Signature</u> Alex Ehrmann			